

**WALNUT HILL BACKPACK MINISTRY**  
**in support of**  
**BRENDA COWAN ELEMENTARY SCHOOL**



Much has changed as a result of the pandemic. One thing that hasn't changed is food insecurity faced by many Fayette County school students. Walnut Hill Church is gearing up for the start of school and the fulfillment of our commitment to provide weekend food backpacks for those in need. There are 35 students at Brenda Cowan who will benefit from our ministry each week during the school year.

For those who would like to donate food, a list of needed items is found below, as well as a photograph of a sample weekend "backpack," which your contributions will help us gather. Simply bring food items to church. The donation box will always be available.

For some, donating food items may not be a good option, particularly in these days when just going to the store has become a major decision. If this describes you, consider sponsoring one or more students through a cash donation and let others do the shopping for you! The cost of one backpack is approximately \$10. A \$40 donation will provide one student with backpacks for a month. For \$360, that same student is covered for the entire school year. Any donation amount will be gladly accepted. Make your check payable to Walnut Hill Church and put "backpack ministry" on the memo line, or visit the Walnut Hill Church website ([www.walnuthillchurchky.org](http://www.walnuthillchurchky.org), select "Give" tab) to make an online donation.

However you choose to support the Backpack Ministry, your help is very appreciated. Contact Margaret Wharton (859-240-6847) or Alice Shashy (859-523-2908) for more information regarding the items needed and/or how you can help by volunteering.

## WHAT WE NEED?

### FOOD CUPS (individual servings)

- fruit, applesauce, etc
- mashed potatoes, mac-n-cheese
- vegetables
- soups
- puddings

### MICROWAVEABLE MEALS (individual servings)

- Hormel, Chef Boy-R-Dee, Dinty Moore, etc

### BREAKFAST FOODS (individual servings)

- instant oatmeal
- variety cereals
- shelf stable milk

### SNACK FOODS

- granola bars
- peanut butter, cheese crackers, etc
- fruit snacks

### OTHER ITEMS

- ramen noodles (individual servings)
- precooked rice packets (individual servings)
- small canned (must have pop tops) veggies & meats like “beanie weenies” and “vienna sausage”
- individual juice drinks (orange, apple, fruit)

(No glass, family sized items, or perishables)

“A SAMPLE BACKPACK”

